

# Trauma Support Training

## 'Back on Track'

*Supporting rail staff after traumatic incidents.*

Samaritans, as a member of the Rail Industry Suicide Stakeholder Group (RISSG), deliver an award-winning Trauma Support Training course for rail staff working in higher risk roles, or managing or supporting people in higher risk roles. The course equips delegates with the knowledge and skills to identify the symptoms of trauma and how to best support a colleague's recovery.

### Course information

- 1 day course, 10am-4pm
- **Free** to attend.
- For any rail staff who work, or manage people who work, in roles at a greater risk of experiencing trauma e.g. LOM's and MOM's, BTP officers, station management/staff covering higher risk stations/routes (**excluding driver related roles – see below**)
- Not for driver related roles or union reps – the *Trauma Support Training: Journey to Recovery* course is available for these roles
- Fully compliments NICE and Network Rail trauma policies
- Fully compatible with TRiM (Trauma Risk Management)
- Over 2900 rail staff trained across Great Britain

For course dates and bookings email  
[railcompanies@samaritans.org](mailto:railcompanies@samaritans.org)

### Course feedback

- *"I would recommend this as the preferred method of training for anyone involved in the chain of care of rail staff". TOC delegate*
- *"Quite astonishing to come away having learned so much from one day."*  
*Network Rail delegate*
- Average evaluation score: **4.8 out of 5.**

