

Trauma Support Training

Journey to Recovery – supporting train drivers after a fatality or other traumatic incidents

Samaritans, as a member of the Rail Industry Suicide Stakeholder Group (RISGG), deliver an award-winning Trauma Support Training course for rail staff working in higher risk roles, or managing or supporting people in higher risk roles. The course equips delegates with the knowledge and skills to identify the symptoms of trauma and how to best support a colleague's recovery.

For course dates and bookings email railcompanies@samaritans.org

Course information

- Duration over 2 x 3 hour sessions
- For train drivers, train managers, ASLEF reps and those involved in supporting drivers
- Developed in conjunction with ASLEF: Train Operating Companies must have an ASLEF agreement in place to send staff on this course – speak to your ASLEF union rep for information
- £18 ASLEF fee for OCN Certification for train operating company employees. Network Rail staff and BTP officers can attend for free.
- Fully compliments NICE and Network Rail trauma policies and TRiM (Trauma Risk Management)
- Over 2,900 rail staff trained across Great Britain

Course feedback

Average evaluation score of 4.8 out of 5

“This was an excellent course and I feel that every time a person takes up a management position they should attend this course.” **Driver manager**

Duty Of Care

All Samaritans courses are designed for over 18s. While the subject matter is handled very sensitively, the wellbeing of all involved is of paramount importance. Please ensure that delegates have support before and after our courses – we recommend discussing attendance with potential attendees, especially those who are recently bereaved / witnessed a fatality / in any way likely to be traumatised or distressed. It may be that for those who are vulnerable, attendance on a course in the future would be better.