

Suicide Awareness Alert

This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.

Date Issued: 10 January 2016	Date(s) applicable: 18 January 2016
Issued by: Ian Stevens	

Applicable to: <i>(state route(s)/TOCs/other)</i>	All Network Rail routes and TOCs
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<p>Nature of alert:</p> <p><u>Blue Monday</u> Blue Monday is a name given to a day in January (typically the third Monday of the month) reported to be the most depressing day of the year. In 2016 this falls on 18 January.</p> <p>There is a potential that individuals contemplating suicide may choose this day to take their own lives and that some may choose the railway as a means to do that.</p>	<p>Recommended action:</p> <p>Network Rail and TOC staff especially those that interface with the public should be especially vigilant in respect of those showing signs of distress or upset on the network.</p> <p>At high risk unmanned locations, where possible it is recommended that Network Rail, TOC and private security mobile teams together with BTP officers have a presence throughout as much of the day as possible.</p>
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Route suicide prevention representatives

Name	Route	Phone
Hayley Bull	LNE/EM (EM area)	07711 600673
Mark Henderson	Scotland	07515 620640
Jess Cotton	South East (Sx area)	07739 785334
Alice Morton	South East (Kt area)	07710 958 978
Emma Bartlett	Western	07711 602420
Richard Godwin	LNW	07713 301240
Brychan Morris-Masmeyer	Anglia	07739 787043
Jess Buckpitt	Wessex	07468 707935
Alex Sullivan-Wilson	LNE / EM (LNE area)	07920 401951
Tracey Young	Wales	07720 957696

National Suicide prevention team

Name	Role	Phone
Ian Stevens	Programme Manager	07799 337211
Caroline Kingston	Project Leader	07734 646629
Rachel Watters	Project Leader	07739 778221
Daniel Cook	PMA	07710 939300

Should you wish to comment on the content of this Alert please contact Daniel Cook.

The compiler of this alert should forward it to the NRNOC Duty Manager at:
generic-NCC@networkrail.co.uk