


Suicide Awareness Alert

This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.

Date Issued: 19 March 2016	Date(s) applicable: 22 March 2016
Issued by: Ian Stevens	


Applicable to: <i>(state route(s)/TOCs/other)</i>	South East – Sussex route and Southern
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<p>Nature of alert:</p> <p><u>Suicide at Riddlestown on 22 March 2013</u> At 08:26 on Friday 22 March 2013 a 41 year old woman took her life at Riddlestown station. This event was particularly notable because she took her three year old son to his death too.</p> <p>The event was widely reported in the press.</p> <p>Anniversary dates of ‘sensational’ events such as this one have the potential to attract vulnerable people to the same location to take their lives. This is known as social contagion.</p> 	<p>Recommended action:</p> <p>Network Rail and TOC staff in and around the area should be especially vigilant for anyone showing signs of distress or upset in particularly in the morning peak.</p> <p>Where possible additional patrols of the station and surrounding area should be undertaken by BTP officers or Network Rail personnel.</p> <p>The anniversary of this tragic event could also be marked at the station by members of the public leaving ‘remembrance’ or ‘memorial’ tokens. These should be removed at the earliest opportunity in line with the industry’s guidance on ‘Fatality memorials/tributes on the network’.</p>
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National Suicide prevention team		
Name	Role	Phone
Ian Stevens	Programme Manager	07799 337211
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Rachel Watters	Project Leader	07739 778221
Daniel Cook	PMA	07710 939300

Should you wish to comment on the content of this alert please contact Daniel Cook.

BTP Suicide Prevention Hotline - If rail staff have an immediate concern that a person might harm themselves on the railway they can call the BTP on **0300 123 9101**



 Individuals requiring emotional support can call Samaritans any time, free from any phone on **116 123**

The rail industry’s award winning suicide prevention Learning Tool can be found at: www.nspsglearningtool.co.uk. Watching the 30 minute briefing module might just save someone’s life.

The compiler of this alert should forward it to the NRNOC Duty Manager at: generic-NCC@networkrail.co.uk