

Suicide Awareness Alert

This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.

Date Issued: 19/05/2016	Date(s) applicable: 11/06/2016
Issued by: D Cook	

Applicable to: <i>(state route(s)/TOCs/other)</i>	Scotland ScotRail
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Nature of alert: <u>Suicide at Kilmarnock on 11 June 2014</u> At 17:30 on 11 June 2014 a 17 year old male took his life at Kilmarnock station. This event was particularly notable because of the age of the individual involved. The event was widely reported in the press. Anniversary dates of 'sensational' events such as this one have the potential to attract vulnerable people to the same location to take their lives. This is known as social contagion.	Recommended action: Network Rail and TOC staff in and around the area should be especially vigilant for anyone showing signs of distress or upset particularly during the morning peak. Where possible additional patrols of the station and surrounding area should be undertaken by BTP officers or Network Rail personnel. The anniversary of this tragic event could also be marked at the station by members of the public leaving 'remembrance' or 'memorial' tokens. These should be removed at the earliest opportunity in line with the industry's guidance on 'Fatality memorials/tributes on the network'.
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National Suicide prevention team

Name	Role	Phone
Ian Stevens	Programme Manager	07799 337211
Caroline Kingston	Project Leader	07734 646629
Rachel Watters	Project Leader	07739 778221
Daniel Cook	PMA	07710 939300

Should you wish to comment on the content of this alert please contact Daniel Cook.

BTP Suicide Prevention

Hotline - If rail staff have an immediate concern that a person might harm themselves on the railway they can call the BTP on **0300 123 9101**

The compiler of this alert should forward it to the NRNOC Duty Manager at:
generic-NCC@networkrail.co.uk



Individuals requiring emotional support can call Samaritans any time, free from any phone on **116 123**

The rail industry's award winning suicide prevention Learning Tool can be found at: www.nspsglearningtool.co.uk. Watching the 30 minute briefing module might just save someone's life.