

Suicide Awareness Alert


This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.

Date Issued: 29 October 2016	Date(s) applicable: 19 November 2016
Issued by: Ariane Ally	

Applicable to: <i>(state route(s)/TOCs/other)</i>	South East – Kent Southeastern
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<p>Nature of alert:</p> <p><u>A 35 year old man took his life at Sydenham Hill station on 19 November 2015</u></p> <p>In itself this event is sadly not unique. This Alert has been issued though because:</p> <ul style="list-style-type: none">it was the second rail suicide at the station in less than a month – the other being at 29 October;a considerable number of tributes/memorial tokens were left at the station for the man following the event. <p>The event was widely reported in the local press with this reaction being typical of residents “I hope other people won't follow suit and think this is the place. I'm just very sad this has happened.”</p>	<p>Recommended action:</p> <p>Consideration should be given to visiting Sydenham Hill station on the day to look-out for:</p> <ul style="list-style-type: none">anyone showing signs of distress or upset particularly during the evening. The event took place at 20:05;groups/individuals loitering around the station seeking to pay their respects and the potential impact they could have on the safe operation of the railway. All TOCs and FOCs with services passing through the station should be alerted to this possibility;any memorial tokens left at the station which in line with industry guidance should be removed promptly.
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National Suicide prevention team		
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Ian Stevens	Programme Manager	07799 337211
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Caroline Kingston	Project Lead	07734 646629
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 Individuals requiring emotional support can call Samaritans any time, free from any phone on **116 123**

Should you wish to comment on the content of this alert please contact Ariane Ally.

BTP Suicide Prevention Hotline - If rail staff have an immediate concern that a person might harm themselves on the railway they can call the BTP on **0300 123 9101**



The rail industry's award winning suicide prevention Learning Tool can be found at: www.npsglearningtool.co.uk. Watching the 30 minute briefing module might just save someone's life.

The compiler of this alert should forward it to the NRNOC Duty Manager at: generic-NCC@networkrail.co.uk