

## Suicide Awareness Alert

This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.

<b>Date Issued:</b> 06 November 2016	<b>Date(s) applicable:</b> 27 November 2016
<b>Issued by:</b> Ariane Ally	


<b>Applicable to:</b> <i>(state route(s)/TOCs/other)</i>	Rail industry communications teams
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<p><b>Nature of alert:</b></p> <p><u>On 27 November 2011 Gary Speed the Welsh International Football Manager took his own life.</u></p> <p>Gary Speed was an internationally respected football figure and his suicide shook the sporting world.</p> <p>His death was reported widely in the media and across social networks and prompted a lot of interest in suicide and mental health.</p> <p>Speed was found hanged at his North Wales home by police.</p> <p>The effect of high profile suicides such as this one can be profound on those susceptible to suicide themselves for years after the actual event. This Alert has been issued on the basis of that.</p>	<p><b>Recommended action:</b></p> <p>Whilst Speed did not take his life on the railway there is a potential on the anniversary of his death for interest from the media to be rekindled in suicide and mental health issues. As such contact might be made with those in the rail industry for comment on these issues.</p> <p>If approached it is recommended that the:</p> <ul style="list-style-type: none"> <li>• positive work of the rail industry in the suicide prevention arena is promoted</li> <li>• Samaritans media guidelines for reporting suicides are stressed</li> <li>• Request be made that Samaritans free call number <b>116 123</b> and services are promoted at the end of any article</li> <li>• national suicide prevention team be approached for current data/statistics</li> </ul>
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National Suicide prevention team		
Name	Role	Phone
Ian Stevens	Programme Manager	07799 337211
Rachel Watters	Project Lead	07739 778221
Caroline Kingston	Project Lead	07734 646629
Ariane Ally	PMA	07730 355125
Victoria Clent	PMA	07730 359657

Should you wish to comment on the content of this alert please contact Ariane Ally.

**BTP Suicide Prevention Hotline** - If rail staff have an immediate concern that a person might harm themselves on the railway they can call the BTP on **0300 123 9101**

Individuals requiring emotional support can call Samaritans any time, free from any phone on **116 123**

The rail industry's award winning suicide prevention Learning Tool can be found at: [www.npsglearningtool.co.uk](http://www.npsglearningtool.co.uk). Watching the 30 minute briefing module might just save someone's life.

The compiler of this alert should forward it to the NRNOC Duty Manager at:  
[generic-NCC@networkrail.co.uk](mailto:generic-NCC@networkrail.co.uk)