

## Suicide Awareness Alert

This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.

<b>Date Issued:</b> 9 December 2016	<b>Date(s) applicable:</b> 1 January 2017
<b>Issued by:</b> Victoria Clent	
<b>Applicable route/Operator:</b>	SE Sussex/Southern
<b>Network Rail suicide prevention representative:</b>	<b>Jess Cotton</b> – Tel.: 07739 785334

<p><b>Nature of alert:</b></p> <p><b><u>On 1 January 2016, a 17 year old male took his life at Black Rabbit foot crossing in Arundel shortly after 18:00</u></b></p> <p>The boy was struck by a Southern train service at 18:05. This tragic event on the first day of a new year was widely reported locally.</p> <p>Anniversary dates such as this – because of the boy’s age – have the potential to:</p> <ul style="list-style-type: none"><li>• attract vulnerable people to the same location at the same time to take their own lives</li><li>• attract mourners to the site to lay tokens of remembrance</li><li>• trigger memories for rail staff involved in the incident</li></ul>	<p><b>Recommended action:</b></p> <p>Consideration should be given to Network Rail, train operator staff or BTP officers visiting the location of the incident on its anniversary around the time it took place and be on the look-out for:</p> <ul style="list-style-type: none"><li>• persons showing signs of distress or upset, particularly around 18:00</li><li>• any tokens of remembrance, which in line with industry guidance should be removed promptly</li></ul> <p>Managers of staff who may have been involved in the incident or could be affected by its anniversary should look out for signs of trauma amongst them and offer appropriate support in line with their own organisations welfare arrangements</p>
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<p><b>Support and additional information</b></p> <p>Should you wish to comment on the content of this alert please contact Victoria Clent at <a href="mailto:Victoria.clent@networkrail.co.uk">Victoria.clent@networkrail.co.uk</a></p>	<p><b>BTP Suicide Prevention Hotline</b> - If rail staff have an immediate concern that a person might harm themselves or be at risk on the railway they can call the BTP on <b>0300 123 9101</b></p>
 <p><b>Individuals requiring emotional support</b> can call Samaritans any time, free from any phone on <b>116 123</b></p>	
<p>The rail industry’s award winning suicide prevention Learning Tool can be found at: <a href="http://www.nspsglearningtool.co.uk">www.nspsglearningtool.co.uk</a>. Watching the 30 minute briefing module might just save someone’s life</p>	
<p>To find out more about the rail industry’s suicide prevention programme contact: <a href="mailto:suicidepreventionprogramme@networkrail.co.uk">suicidepreventionprogramme@networkrail.co.uk</a></p>	<p><i>The compiler of this alert should forward it to the NRNOC Duty Manager at:</i> <a href="mailto:generic-NCC@networkrail.co.uk">generic-NCC@networkrail.co.uk</a></p>