

*This Alert is confidential and its content should not be divulged to people or organisations outside the railway group.*

**Alert No.:** 0028

## Suicide Awareness Alert



This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.

<b>Date Issued:</b> 2 February 2017	<b>Date(s) applicable:</b> 14 February 2017
<b>Issued by:</b> Victoria Clent	

<b>Applicable route/Operators:</b>	LNE/Grand Central/Cross Country/Northern/Transpennine Express
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<b>Network Rail suicide prevention representative:</b>	Alex Sullivan-Wilson Tel.: 07920 401 951
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<p><b>Nature of alert:</b></p> <p><b><u>Individual intending to take their own life in the Darlington area on 14 February 2017</u></b></p> <p>On two separate occasions in January an individual contacted train operator call centre staff inquiring about driver support following a fatality. When pressed about his inquiry the man stated that he intended to take his life on the railway on 14 February 2017 - his 25<sup>th</sup> birthday.</p> <p>The BTP are aware of the calls and the individual is now the subject of a Suicide Prevention Plan.</p> <p>The closest station to the individuals known address is Darlington and in his calls he has referenced Grand Central Trains.</p>	<p><b>Recommended action:</b></p> <p>Both BTPs B and C Division Suicide Prevention and Mental Health units are engaged with this individual. They have contacted his GP and been in touch with other local agencies. In addition a marker has been placed on the PNC (Police National Computer) for him.</p> <p>On the day in question rail staff should be especially vigilant and on the look-out for anyone displaying suicidal tendencies in the area. BTP will also be briefing their officers to the man's possible actions.</p> <p>If staff are approached by this man they should seek assistance from the BTP and/or encourage him to call Samaritans (<b>116 123</b>).</p>
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<p><b>Support and additional information</b></p> <p>Should you wish to comment on the content of this alert please contact Victoria Clent at <a href="mailto:victoria.clent@networkrail.co.uk">victoria.clent@networkrail.co.uk</a></p>	<p><b>BTP Suicide Prevention Hotline</b> - If rail staff have an immediate concern that a person might harm themselves or be at risk on the railway they can call the BTP on <b>0300 123 9101</b></p>
 <p><b>Individuals requiring emotional support</b> can call Samaritans any time, free from any phone on <b>116 123</b></p>	
<p>The rail industry's award winning suicide prevention Learning Tool can be found at: <a href="http://www.npsgllearningtool.co.uk">www.npsgllearningtool.co.uk</a>. Watching the 30 minute briefing module might just save someone's life</p>	
<p>To find out more about the rail industry's suicide prevention programme contact: <a href="mailto:suicidepreventionprogramme@networkrail.co.uk">suicidepreventionprogramme@networkrail.co.uk</a></p>	<p><i>The compiler of this alert should forward it to the NRNOC Duty Manager at:</i> <a href="mailto:generic-NCC@networkrail.co.uk">generic-NCC@networkrail.co.uk</a></p>