

Suicide Awareness Alert

This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.

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| Date Issued: 21 March 2017 | Date(s) applicable: 11 April 2017 |
| Issued by: Victoria Clent | |

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| Applicable route/operator: | Anglia/Abellio Greater Anglia |
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| Local suicide prevention representatives: | Becky Bray (Network Rail) – 07920 856932 Jay Thompson (Abellio Greater Anglia) - 07736 727072 |
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| Nature of alert: <u>On 11 April 2016, a boy aged under 17 took his own life at Intwood Crossing between Keswick and Cringleford shortly before 10:30.</u> This tragic event was witnessed by commuters and may give rise to some form of memorial activity taking place. The boys friends may also seek to pay homage to him on this the first anniversary of his death. Anniversary dates such as this – because of the boys age, his popularity and the number of witnesses to the event – have the potential to: <ul style="list-style-type: none">attract vulnerable people to the same location to take their own livesattract mourners to the site to hold vigils which may impact upon the safety and operation of the railwaytrigger memories for rail staff involved in the incident | Recommended action: Consideration should be given to Network Rail, staff of operators or BTP officers visiting the location of the incident around the time it took place to be on the look-out for: <ul style="list-style-type: none">persons showing signs of distress or upset who may be at risk of suicide, or mourners gathering in an acts of remembranceany tokens of remembrance, which in line with industry guidance should be removed In addition it may be advisable to alert all FOCs and TOCs services passing through Intwood of mourners possibly being present at the crossing or to request that any unusual activity be reported. Managers of staff who may have been involved in the incident or could be affected by its anniversary should look for signs of trauma amongst them and offer support as per their organisation’s welfare arrangements. |
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| Support and additional information Should you wish to comment on the content of this alert please contact Victoria Clent at victoria.clent@networkrail.co.uk | BTP Suicide Prevention Hotline - If rail staff have an immediate concern that a person might harm themselves or be at risk on the railway they can call the BTP on 0300 123 9101 |
|  Individuals requiring emotional support can call Samaritans any time, free from any phone on 116 123 |  |
| The rail industry’s award winning suicide prevention Learning Tool can be found at: www.nspsglearningtool.co.uk . Watching the 30 minute briefing module might just save someone’s life | |
| To find out more about the rail industry’s suicide prevention programme contact: suicidepreventionprogramme@networkrail.co.uk | The compiler of this alert should forward it to the NRNOC Duty Manager at: generic-NCC@networkrail.co.uk |