

## Suicide Awareness Alert

This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.

<b>Date Issued:</b> 30 March 2017	<b>Date(s) applicable:</b> 20 April 2017
<b>Issued by:</b> Victoria Clent	
<b>Applicable route/operator:</b>	LNE/East Midlands
<b>Local suicide prevention representatives:</b>	Alex Sullivan Wilson (Network Rail) - 07920 401951 Muz Haque (East Midlands) - 07771 672204

<p><b>Nature of alert:</b></p> <p><b><u>On 20 April 2016, a 22 year old male took his life at a bridge by Shirebrook East Junction at around 03:00.</u></b></p> <p>This man's mother and grandmother had been murdered by another family member two months prior to him taking his own life. The media were quick to pick up on this which resulted in widespread coverage of the incident across all communications channels.</p> <p>Anniversary dates such as this – because of the nationwide media coverage at the time – have the potential to:</p> <ul style="list-style-type: none"><li>• attract vulnerable people to the same location to take their own lives</li><li>• attract mourners to the site to hold vigils which may impact upon the safety and operation of the railway</li><li>• trigger memories for rail staff involved in the incident</li></ul>	<p><b>Recommended action:</b></p> <p>Consideration should be given to Network Rail, staff of operators or BTP officers visiting the location of the incident around the time it took place to be on the look-out for:</p> <ul style="list-style-type: none"><li>• persons showing signs of distress or upset who may be at risk of suicide, or mourners gathering in an acts of remembrance</li><li>• any tokens of remembrance, which in line with industry guidance should be removed</li></ul> <p>In addition it would be advisable to alert FOCs and TOCs that have services passing through the Shirebrook East Junction area or maintenance staff who may be working there of the likelihood of mourners being in or around the vicinity of it.</p> <p>Managers of staff who may have been involved in the incident or could be affected by its anniversary should look for signs of trauma amongst them and offer support as per their organisation's welfare arrangements.</p>
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<p><b>Support and additional information</b></p> <p>Should you wish to comment on the content of this alert please contact Victoria Clent at <a href="mailto:victoria.clent@networkrail.co.uk">victoria.clent@networkrail.co.uk</a></p> <p> <b>Individuals requiring emotional support</b> can call Samaritans any time, free from any phone on <b>116 123</b></p> <p>The rail industry's award winning suicide prevention Learning Tool can be found at: <a href="http://www.nspsglearningtool.co.uk">www.nspsglearningtool.co.uk</a>. Watching the 30 minute briefing module might just save someone's life</p> <p>To find out more about the rail industry's suicide prevention programme contact: <a href="mailto:suicidepreventionprogramme@networkrail.co.uk">suicidepreventionprogramme@networkrail.co.uk</a></p>	<p><b>BTP Suicide Prevention Hotline</b> - If rail staff have an immediate concern that a person might harm themselves or be at risk on the railway they can call the BTP on <b>0300 123 9101</b></p> <p></p> <p><i>The compiler of this alert should forward it to the NRNOC Duty Manager at:</i> <a href="mailto:generic-NCC@networkrail.co.uk">generic-NCC@networkrail.co.uk</a></p>
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