

## Suicide Awareness Alert



This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.

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| <b>Date Issued:</b> 29 June 2017 | <b>Date(s) applicable:</b> 09 July 2017 |
| <b>Issued by:</b> Victoria Clent |   |

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| <b>Applicable route:</b> | LNE-EM |
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| <b>Local suicide prevention representative:</b> | Alex Sullivan-Wilson (Network Rail) - 07920 401 951 |
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| <p><b>Nature of alert:</b></p> <p><b><u>On 09 July 2014, an elderly couple stepped in front of a freight train at Crofts Lane crossing, Cherry Willingham in an apparent suicide pact.</u></b></p> <p>The couple had lived in the village for over 50 years and were well known by locals.</p> <p>This alert is being issued due to the unusual nature of this tragic event and the local media attention it received, which could possibly:</p> <ul style="list-style-type: none"><li>• attract vulnerable people to the same location to take their own lives</li><li>• attract mourners to the site to hold vigils which may impact upon the safety and operation of the railway</li><li>• trigger memories for rail staff involved in the incident or the local people and commuters who witnessed it</li></ul> | <p><b>Recommended action:</b></p> <p>The Network Rail suicide prevention representative should consider informing freight and passenger operators on the route to look out for:</p> <ul style="list-style-type: none"><li>• persons showing signs of distress or upset who may be at risk of suicide, or mourners gathering in acts of remembrance around the site of the incident</li><li>• any tokens of remembrance, which in line with industry guidance should be remove</li></ul> <p>A staff presence in the area might also be considered to deter possible “copycat” events. Managers of staff who may have been involved in the incident or could be affected by its anniversary should look for signs of trauma amongst them and offer support as per their organisation’s welfare arrangements.</p> |
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| <p><b>Support and additional information</b></p> <p>Should you wish to comment on the content of this alert please contact Victoria Clent at <a href="mailto:victoria.clent@networkrail.co.uk">victoria.clent@networkrail.co.uk</a></p> <p> <b>Individuals requiring emotional support</b> can call Samaritans any time, free from any phone on <b>116 123</b></p> <p>The rail industry’s award winning suicide prevention Learning Tool can be found at: <a href="http://www.nspglearningtool.co.uk">www.nspglearningtool.co.uk</a>. Watching the 30 minute briefing module might just save someone’s life</p> <p>To find out more about the rail industry’s suicide prevention programme contact:<br/><a href="mailto:suicidepreventionprogramme@networkrail.co.uk">suicidepreventionprogramme@networkrail.co.uk</a></p> | <p><b>BTP Suicide Prevention Hotline</b> - If rail staff have an immediate concern that a person might harm themselves or be at risk on the railway they can call the BTP on <b>0300 123 9101</b></p> <p></p> <p><i>The compiler of this alert should forward it to the NRNOC Duty Manager at:</i><br/><a href="mailto:generic-NCC@networkrail.co.uk">generic-NCC@networkrail.co.uk</a></p> |
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