

## Suicide Awareness Alert



This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.

<b>Date Issued:</b> 23 August 2017	<b>Date(s) applicable:</b> 13 September 2017
<b>Issued by:</b> Victoria Clent	

<b>Applicable route/operator:</b>	LNE-EM/ Northern
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<b>Local suicide prevention representatives:</b>	Alex Sullivan-Wilson (Network Rail) - 07920 401951 David S. Wilkinson (Northern) - 07826 535752
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<b>Nature of alert:</b> <u><b>On 13 September 2015, a 20 year old man took his own life at Bentley station in the early hours of the morning</b></u> He had been on a night out with friends and seen his ex-partner with her new boyfriend. As he had no history of depression or suicidal tendencies, this very unexpected and tragic event caused widespread local media attention at the time and the anniversary date could possibly: <ul style="list-style-type: none"><li>• Attract vulnerable people to the same location to take their own lives</li><li>• Bring mourners to the site to hold vigils, which may impact upon the safety and operation of the railway</li><li>• Trigger memories for rail staff and commuters involved in the incident</li></ul>	<b>Recommended action:</b> Consideration should be given to Network Rail, staff of operators or BTP officers visiting the location of the incident around the time it took place to be on the look-out for: <ul style="list-style-type: none"><li>• persons showing signs of distress or upset who may be at risk of suicide, or mourners gathering in an acts of remembrance</li><li>• any tokens of remembrance, which in line with industry guidance should be removed</li></ul> In addition it may be advisable to alert all FOCs and TOCs that have services passing through the Bentley area of the potential for mourners. Managers of staff who may have been involved in the incident or could be affected by its anniversary should look for signs of trauma amongst them and offer support as per their organisation's welfare arrangements.
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<b>Support and additional information</b> Should you wish to comment on the content of this alert please contact Victoria Clent at <a href="mailto:victoria.clent@networkrail.co.uk">victoria.clent@networkrail.co.uk</a>	<b>BTP Suicide Prevention Hotline</b> - If rail staff have an immediate concern that a person might harm themselves or be at risk on the railway they can call the BTP on <b>0300 123 9101</b>
 <b>Individuals requiring emotional support</b> can call Samaritans any time, free from any phone on <b>116 123</b>	
The rail industry's award winning suicide prevention Learning Tool can be found at: <a href="http://www.npsgllearningtool.co.uk">www.npsgllearningtool.co.uk</a> . Watching the 30 minute briefing module might just save someone's life	
To find out more about the rail industry's suicide prevention programme contact: <a href="mailto:suicidepreventionprogramme@networkrail.co.uk">suicidepreventionprogramme@networkrail.co.uk</a>	<i>The compiler of this alert should forward it to the NRNOC Duty Manager at:</i> <a href="mailto:generic-NCC@networkrail.co.uk">generic-NCC@networkrail.co.uk</a>