

Suicide Awareness Alert

This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.

Date Issued: 30 August 2017	Date(s) applicable: 20 September 2017
Issued by: Victoria Clent	

Applicable route/operator:	LNE-EM / Northern
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Local suicide prevention representatives:	Alex Sullivan-Wilson (Network Rail) - 07920 401951 David S. Wilkinson (Northern) - 07826 535752
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Nature of alert: <u>On 20 September 2015, a woman took her own life at the Metrocentre station at 19:03</u> People using the station witnessed this tragic event and there were also 30 passengers on the train involved. Police did not reveal any details about the deceased, although the event was widely reported in the local media. This alert is being issued due to the number of witnesses caught up in the incident as this anniversary date could possibly lead to: <ul style="list-style-type: none">vulnerable people being attracted to the same location to take their own livesmourners arriving at the site to hold vigils, which may impact upon the safety and operation of the railwaymemories being triggered for those rail staff and passengers involved	Recommended action: Consideration should be given to Network Rail, staff of operators or BTP officers visiting the location of the incident around the time it took place to be on the look-out for: <ul style="list-style-type: none">persons showing signs of distress or upset who may be at risk of suicide, or mourners gathering in an acts of remembranceany tokens of remembrance, which in line with industry guidance should be removed In addition it may be advisable to alert all FOCs and TOCs that have services passing through the Metrocentre area of the potential for mourners. Managers of staff who may have been involved in the incident or could be affected by its anniversary should look for signs of trauma amongst them and offer support as per their organisation's welfare arrangements.
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Support and additional information Should you wish to comment on the content of this alert please contact Victoria Clent at victoria.clent@networkrail.co.uk	BTP Suicide Prevention Hotline - If rail staff have an immediate concern that a person might harm themselves or be at risk on the railway they can call the BTP on 0300 123 9101
 Individuals requiring emotional support can call Samaritans any time, free from any phone on 116 123	
The rail industry's award winning suicide prevention Learning Tool can be found at: www.npsgllearningtool.co.uk . Watching the 30 minute briefing module might just save someone's life	
To find out more about the rail industry's suicide prevention programme contact: suicidepreventionprogramme@networkrail.co.uk	The compiler of this alert should forward it to the NRNOC Duty Manager at: generic-NCC@networkrail.co.uk