

## Suicide Awareness Alert


This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.

<b>Date Issued:</b> 23 October 2017	<b>Date(s) applicable:</b> 13 November 2017
<b>Issued by:</b> Victoria Clent	

<b>Applicable route/operator:</b>	Wessex / South West Trains
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<b>Local suicide prevention representatives:</b>	Jess Buckpitt (Network Rail/SWT) - 07468 707935
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<p><b>Nature of alert:</b></p> <p><b><u>On 13 November 2016, an 18 year old woman took her life at Longcross station at approximately 17:00</u></b></p> <p>This popular young woman had undertaken an apprenticeship with her local child and adolescent mental health branch and was well known in her local community.</p> <p>This alert is being issued as the first anniversary date of this tragic event could possibly lead to:</p> <ul style="list-style-type: none"><li>• vulnerable people being attracted to the same location to take their own lives</li><li>• mourners arriving at the site to hold vigils, which may impact upon the safety and operation of the railway</li><li>• memories being triggered for rail staff involved in the incident</li></ul>	<p><b>Recommended action:</b></p> <p>Consideration should be given to Network Rail, staff of operators or BTP officers visiting the location of the incident around the time it took place to be on the look-out for:</p> <ul style="list-style-type: none"><li>• persons showing signs of distress or upset who may be at risk of suicide, or mourners gathering in an acts of remembrance</li><li>• any tokens of remembrance, which in line with industry guidance should be removed</li></ul> <p>In addition it may be advisable to alert all FOCs and TOCs that have services passing through Longcross of the potential for mourners.</p> <p>Managers of staff who may have been involved in the incident or could be affected by its anniversary should look for signs of trauma amongst them and offer support as per their organisation's welfare arrangements.</p>
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<p><b>Support and additional information</b></p> <p>Should you wish to comment on the content of this alert please contact Victoria Clent at <a href="mailto:victoria.clent@networkrail.co.uk">victoria.clent@networkrail.co.uk</a></p>	<p><b>BTP Suicide Prevention Hotline</b> - If rail staff have an immediate concern that a person might harm themselves or be at risk on the railway they can call the BTP on <b>0300 123 9101</b></p> 
 <p><b>Individuals requiring emotional support</b> can call Samaritans any time, free from any phone on <b>116 123</b></p>	
<p>The rail industry's award winning suicide prevention Learning Tool can be found at: <a href="http://www.nspsglearningtool.co.uk">www.nspsglearningtool.co.uk</a>. Watching the 30 minute briefing module might just save someone's life</p>	
<p>To find out more about the rail industry's suicide prevention programme contact: <a href="mailto:suicidepreventionprogramme@networkrail.co.uk">suicidepreventionprogramme@networkrail.co.uk</a></p>	<p><i>The compiler of this alert should forward it to the NRNOC Duty Manager at:</i> <a href="mailto:generic-NCC@networkrail.co.uk">generic-NCC@networkrail.co.uk</a></p>