

Suicide Awareness Alert

This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.

Date Issued: 14 December 2017	Date(s) applicable: 04 January 2018
Issued by: Victoria Clent	

Applicable route/operator:	Scotland / Scotrail
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Local suicide prevention representatives:	Mark Henderson (Network Rail) - 07515 620640 Stephen Elliot (Scotrail) - 07841 269345
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<p>Nature of alert:</p> <p><u>On 04 January 2017, a 16 year old boy jumped from the platform into the path of a train at Polmont Station</u></p> <p>This incident followed a suicide of a 19 year old male that took place three months previously at the same station.</p> <p>Anniversary dates such as this – because of the boy’s age and the fact it was the second death at this station in a short space of time – have the potential to:</p> <ul style="list-style-type: none">attract vulnerable people to the same location to take their own livesattract mourners to the site to hold vigils which may impact upon the safety and operation of the railwaytrigger memories for rail staff involved in the incident	<p>Recommended action:</p> <p>Consideration should be given to Network Rail, staff of operators or BTP officers visiting the location of the incident around the time it took place to be on the look-out for:</p> <ul style="list-style-type: none">persons showing signs of distress or upset who may be at risk of suicide, or mourners gathering in an acts of remembranceany tokens of remembrance, which in line with industry guidance should be removed <p>Consideration might also be given to promoting the industry’s <i>Small Talk Saves Lives</i> campaign locally around this time.</p> <p>Managers of staff who may have been involved in the incident or could be affected by its anniversary should look for signs of trauma amongst them and offer support as per their organisation’s welfare arrangements.</p>
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<p>Support and additional information</p> <p>Should you wish to comment on the content of this alert please contact Victoria Clent at victoria.clent@networkrail.co.uk</p> <p> Individuals requiring emotional support can call Samaritans any time, free from any phone on 116 123</p> <p>The rail industry’s award winning suicide prevention Learning Tool can be found at: www.nspglearningtool.co.uk. Watching the 30 minute briefing module might just save someone’s life</p> <p>To find out more about the rail industry’s suicide prevention programme contact: suicidepreventionprogramme@networkrail.co.uk</p>	<p>BTP Suicide Prevention Hotline - If rail staff have an immediate concern that a person might harm themselves or be at risk on the railway they can call the BTP on 0300 123 9101</p> <p></p> <p>The compiler of this alert should forward it to the NRNOC Duty Manager at: generic-NCC@networkrail.co.uk</p>
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