

## Suicide Awareness Alert


This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.



in partnership with  
  

<b>Date(s) applicable:</b> 01 March 2018	
<b>Date Issued:</b> 08 February 2018	
<b>Issued by:</b> Victoria Clent	
<b>Applicable route/operator:</b>	Anglia / GTR
<b>Local suicide prevention representatives:</b>	Becky Bray (Network Rail) - 07920 856932 Barry Millward (GTR) - 07814 419 868

<b>Nature of alert:</b> <u><b>On 01 March 2017, a 17 year old boy took his life at a level crossing in Waterbeach between 17:00 – 18:00</b></u> The boy was on a day out with his father when he chose to end his life and although the train driver says the boy looked at the train before stepping out, the boy's family have always maintained it was an accident. This incident – due to the boy's age and subsequent media attention surrounding the verdict – has the potential to: <ul style="list-style-type: none"><li>attract vulnerable people to the same location to take their own lives</li><li>encourage mourners to the site to attend vigils which may impact upon the safety and operation of the railway</li><li>trigger memories for rail staff involved in the incident</li></ul>	<b>Recommended action:</b> Consideration should be given to Network Rail, staff of operators or BTP officers visiting the location of the incident around the time it took place to be on the look-out for: <ul style="list-style-type: none"><li>persons showing signs of distress or upset who may be at risk of suicide, or mourners gathering in an acts of remembrance</li><li>any tokens of remembrance, which in line with industry guidance should be removed</li></ul> It might also be appropriate to promote the industry's <i>Small Talk Saves Lives</i> campaign locally around this time to heighten community awareness of suicide prevention. Managers of staff who may have been involved in the incident or could be affected by its anniversary should look for signs of trauma amongst them and offer support as per their organisation's welfare arrangements.
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<b>Support and additional information</b> Should you wish to comment on the content of this alert please contact Victoria Clent at <a href="mailto:victoria.clent@networkrail.co.uk">victoria.clent@networkrail.co.uk</a>	<b>BTP Suicide Prevention Hotline</b> - If rail staff have an immediate concern that a person might harm themselves or be at risk on the railway they can call the BTP on <b>0300 123 9101</b>
 <b>Individuals requiring emotional support</b> can call Samaritans any time, free from any phone on <b>116 123</b>	
The rail industry's award winning suicide prevention Learning Tool can be found at: <a href="http://www.npsgllearningtool.co.uk">www.npsgllearningtool.co.uk</a> . Watching the 30 minute briefing module might just save someone's life	
To find out more about the rail industry's suicide prevention programme contact: <a href="mailto:suicideprevention@raildeliverygroup.com">suicideprevention@raildeliverygroup.com</a>	The compiler of this alert should forward it to the NRNOC Duty Manager at: <a href="mailto:generic-NCC@networkrail.co.uk">generic-NCC@networkrail.co.uk</a>