

Suicide Awareness Alert



This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.



in partnership with
  

Date(s) applicable: 18 April 2018	
Date Issued: 29 March 2018	
Issued by: Victoria Clent	
Applicable route/operator:	Anglia / Govia Thameslink
Local suicide prevention representatives:	Becky Bray (Network Rail) - 07920 856932 Barry Millward (Govia Thameslink) - 07814 419868

Nature of alert: <u>On 18 April 2016, a leading human rights lawyer took his own life at West Hampstead station, shortly after 07:00</u> He had been admitted to a psychiatric hospital in the weeks leading up to his death and had discharged himself shortly before he took his own life. There was widespread media coverage of this event at the time and there is the possibility that this anniversary could possibly: <ul style="list-style-type: none">attract vulnerable people to the same location to take their own livesencourage mourners to the site to attend vigils which may impact upon the safety and operation of the railwaytrigger memories for rail staff involved in the incident	Recommended action: Consideration should be given to Network Rail, staff of operators or BTP officers visiting the location of the incident around the time it took place to be on the look-out for: <ul style="list-style-type: none">persons showing signs of distress or upset who may be at risk of suicide, or mourners gathering in an acts of remembranceany tokens of remembrance, which in line with industry guidance should be removed It might also be appropriate to promote the industry's <i>Small Talk Saves Lives</i> campaign locally around this time to heighten community awareness of suicide prevention. Managers of staff who may have been involved in the incident or could be affected by its anniversary should look for signs of trauma amongst them and offer support as per their organisation's welfare arrangements.
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Support and additional information Should you wish to comment on the content of this alert please contact Victoria Clent at victoria.clent@networkrail.co.uk	BTP Suicide Prevention Hotline - If rail staff have an immediate concern that a person might harm themselves or be at risk on the railway they can call the BTP on 0300 123 9101
 Individuals requiring emotional support can call Samaritans any time, free from any phone on 116 123	
The rail industry's award winning suicide prevention Learning Tool can be found at: www.nspsglearningtool.co.uk . Watching the 30 minute briefing module might just save someone's life	
To find out more about the rail industry's suicide prevention programme contact: suicideprevention@raildeliverygroup.com	The compiler of this alert should forward it to the NRNOC Duty Manager at: generic-NCC@networkrail.co.uk