

Suicide Awareness Alert

This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.



in partnership with




Date(s) applicable: 07 May 2018	
Date Issued: 16 April 2018	
Issued by: Victoria Clent	
Applicable route/operator:	Scotland / Scotrail
Local suicide prevention representatives:	Mark Henderson (Network Rail) - 07515 620640 Stephen Elliot (Scotrail) - 07841 269345

<p>Nature of alert:</p> <p><u>On 07 May 2016, a 27 year old man took his own life on the tracks at Cornton</u></p> <p>The ex-Falkirk FC player had retired from football four months previously and this tragic event caused a lot of media coverage in his local area as well as in the wider sporting community.</p> <p>Due to the widespread media attention that this event received, both at local and national level, and the high profile that the deceased had in his local community, it is possible that this anniversary could:</p> <ul style="list-style-type: none"> attract vulnerable people to the same location to take their own lives encourage mourners to the site to attend vigils which may impact upon the safety and operation of the railway trigger memories for rail staff involved in the incident 	<p>Recommended action:</p> <p>Consideration should be given to Network Rail, staff of operators or BTP officers visiting the location of the incident around the time it took place to be on the look-out for:</p> <ul style="list-style-type: none"> persons showing signs of distress or upset who may be at risk of suicide, or mourners gathering in an acts of remembrance any tokens of remembrance, which in line with industry guidance should be removed <p>It might also be appropriate to promote the industry's <i>Small Talk Saves Lives</i> campaign locally around this time to heighten community awareness of suicide prevention.</p> <p>Managers of staff who may have been involved in the incident or could be affected by its anniversary should look for signs of trauma amongst them and offer support as per their organisation's welfare arrangements.</p>
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<p>Support and additional information</p> <p>Should you wish to comment on the content of this alert please contact Victoria Clent at victoria.clent@networkrail.co.uk</p> <div style="border: 1px solid black; padding: 5px; margin: 5px 0;">  <p>Individuals requiring emotional support can call Samaritans any time, free from any phone on 116 123</p> </div> <p>The rail industry's award winning suicide prevention Learning Tool can be found at: www.npsgllearningtool.co.uk. Watching the 30 minute briefing module might just save someone's life</p> <div style="background-color: #4a86e8; color: white; padding: 10px; text-align: center;"> <p>To find out more about the rail industry's suicide prevention programme contact: suicideprevention@raildeliverygroup.com</p> </div>	<p>BTP Suicide Prevention Hotline - If rail staff have an immediate concern that a person might harm themselves or be at risk on the railway they can call the BTP on 0300 123 9101</p> <div style="text-align: center;">  </div>
	<p><i>The compiler of this alert should forward it to the NRNOC Duty Manager at:</i> generic-NCC@networkrail.co.uk</p>