

## Suicide Awareness Alert

This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.



<b>Date(s) applicable:</b> 04 June 2018	
<b>Date Issued:</b> 15 May 2018	
<b>Issued by:</b> Victoria Clent	
<b>Applicable route/operator:</b>	LNW / London Northwestern
<b>Local suicide prevention representatives:</b>	Gemma Lavery (Network Rail) - 07515 620641 Steve Fisher (London Northwestern) - 07583 687997

<b>Nature of alert:</b> <u>At 18:15 on 04 June 2017, a 17 year old boy stepped in front of a train near to Alvechurch station and ended his life.</u> <p>There was limited media coverage of this event, although the local news outlets did report that there had been a fatal incident on the line.</p> <p>This particular stretch of railway has unfortunately been the site of numerous events over the last few years. There is a concern that the anniversary of this particular event one - due to the age of the boy involved - could possibly:</p> <ul style="list-style-type: none"><li>• attract vulnerable people to the same location to take their own lives</li><li>• encourage mourners to the site to attend vigils which may impact upon the safety and operation of the railway</li><li>• trigger the memories of rail staff involved in the incident</li></ul>	<b>Recommended action:</b> <p>Consideration should be given to Network Rail, staff of operators or BTP officers visiting the location of the incident around the time it took place to be on the look-out for:</p> <ul style="list-style-type: none"><li>• persons showing signs of distress or upset who may be at risk of suicide, or mourners gathering in an acts of remembrance</li><li>• any tokens of remembrance, which in line with industry guidance should be removed</li></ul> <p>It might also be appropriate to promote the industry's <i>Small Talk Saves Lives</i> campaign locally around this time to heighten community awareness of suicide prevention.</p> <p>Managers of staff who may have been involved in the incident or could be affected by its anniversary should look for signs of trauma amongst them and offer support as per their organisation's welfare arrangements.</p>
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<b>Support and additional information</b> <p>Should you wish to comment on the content of this alert please contact Victoria Clent at <a href="mailto:victoria.clent@networkrail.co.uk">victoria.clent@networkrail.co.uk</a></p>  <p><b>Individuals requiring emotional support</b> can call Samaritans any time, free from any phone on <b>116 123</b></p> <p>The rail industry's award winning suicide prevention Learning Tool can be found at: <a href="http://www.nspsglearningtool.co.uk">www.nspsglearningtool.co.uk</a>. Watching the 30 minute briefing module might just save someone's life</p> <p>To find out more about the rail industry's suicide prevention programme contact: <a href="mailto:suicideprevention@raildeliverygroup.com">suicideprevention@raildeliverygroup.com</a></p>	<b>BTP Suicide Prevention Hotline</b> - If rail staff have an immediate concern that a person might harm themselves or be at risk on the railway they can call the BTP on <b>0300 123 9101</b>  <i>The compiler of this alert should forward it to the NRNOC Duty Manager at:</i> <a href="mailto:generic-NCC@networkrail.co.uk">generic-NCC@networkrail.co.uk</a>
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