

Suicide Awareness Alert

This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.



in partnership with
  

Date(s) applicable: 08 June 2018	
Date Issued: 18 May 2018	
Issued by: Victoria Clent	
Applicable route/operator:	LNE / East Midlands
Local suicide prevention representatives:	Alex Sullivan-Wilson (Network Rail) - 07920 401951 Muz Haque (East Midlands) - 07771 672204

Nature of alert: <u>A 16 year old boy took his own life at Long Lane foot crossing in Attenborough at 15:22 on 08 June 2017</u> This event attracted a lot of local media coverage and comment due to this particular level crossing having been the site of previous incidents and is well known in the locality. These type of events – because of the young age of the person involved and the fact that the local community has awareness of the previous incidents – have the potential to: <ul style="list-style-type: none">• attract vulnerable people to the same location to take their own lives• encourage mourners to the site to attend vigils which may impact upon the safety and operation of the railway• trigger memories for rail staff involved in the incident	Recommended action: Consideration should be given to Network Rail, staff of operators or BTP officers visiting the location of the incident around the time it took place to be on the look-out for: <ul style="list-style-type: none">• persons showing signs of distress or upset who may be at risk of suicide, or mourners gathering in an acts of remembrance• any tokens of remembrance, which in line with industry guidance should be removed It might also be appropriate to promote the industry's <i>Small Talk Saves Lives</i> campaign locally around this time to heighten community awareness of suicide prevention. Managers of staff who may have been involved in the incident or could be affected by its anniversary should look for signs of trauma amongst them and offer support as per their organisation's welfare arrangements.
---	---

Support and additional information Should you wish to comment on the content of this alert please contact Victoria Clent at victoria.clent@networkrail.co.uk	BTP Suicide Prevention Hotline - If rail staff have an immediate concern that a person might harm themselves or be at risk on the railway they can call the BTP on 0300 123 9101
 Individuals requiring emotional support can call Samaritans any time, free from any phone on 116 123	
The rail industry's award winning suicide prevention Learning Tool can be found at: www.nspsglearningtool.co.uk . Watching the 30 minute briefing module might just save someone's life	
To find out more about the rail industry's suicide prevention programme contact: suicideprevention@raildeliverygroup.com	The compiler of this alert should forward it to the NRNOC Duty Manager at: generic-NCC@networkrail.co.uk