

Suicide Awareness Alert



This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.



in partnership with
  

Date(s) applicable: 17 March 2019	
Date Issued: 22 February 2019	
Issued by: Victoria Clent	
Applicable route/operator:	SE-Kent / South Eastern
Local suicide prevention representatives:	Sophie Wright (Network Rail) - 07710 959858 Saul Gray (South Eastern) - 07814 772 005

Nature of alert: <u>On 17 March 2017 a 16 year old girl stepped in front of a train at Dunton Green at around 20:00</u> Her schoolfriends were extremely distressed by this upsetting incident and were offered counselling. The local community also became involved in fundraising for her family. Due to the effect this girl's suicide had on the local community and the local media coverage it received, there is a possibility that the anniversary could: <ul style="list-style-type: none">attract vulnerable people to the same location to take their own livesencourage mourners to the site to attend vigils which may impact upon the safety and operation of the railwaytrigger memories for rail staff involved in the incident	Recommended action: Consideration should be given to Network Rail, staff of operators or BTP officers visiting the location of the incident around the time it took place to be on the look-out for: <ul style="list-style-type: none">persons showing signs of distress or upset who may be at risk of suicide, or mourners gathering in an acts of remembranceany tokens of remembrance, which in line with industry guidance should be removed It might also be appropriate to promote the industry's <i>Small Talk Saves Lives</i> campaign locally around this time to heighten community awareness of suicide prevention. Managers of staff who may have been involved in the incident or could be affected by its anniversary should look for signs of trauma amongst them and offer support as per their organisation's welfare arrangements.
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Support and additional information Should you wish to comment on the content of this alert please contact Victoria Clent at victoria.clent@networkrail.co.uk	BTP Suicide Prevention Hotline - If rail staff have an immediate concern that a person might harm themselves or be at risk on the railway they can call the BTP on 0300 123 9101
 Individuals requiring emotional support can call Samaritans any time, free from any phone on 116 123	
The rail industry's award winning suicide prevention Learning Tool can be found at: www.nspsglearningtool.co.uk . Watching the 30 minute briefing module might just save someone's life	
To find out more about the rail industry's suicide prevention programme contact: suicideprevention@raildeliverygroup.com	The compiler of this alert should forward it to the NRNOC Duty Manager at: generic-NCC@networkrail.co.uk