

## Suicide Awareness Alert

This alert has been issued because of specific intelligence relating to suicide activity on the rail network which it is believed may prompt individuals to take their own lives.



<b>Date(s) applicable:</b> 27 March 2019	
<b>Date Issued:</b> 06 March 2019	
<b>Issued by:</b> Victoria Clent	
<b>Applicable route/operator:</b>	LNE / London North Eastern Railway
<b>Local suicide prevention representatives:</b>	Alex Sullivan Wilson (Network Rail) - 07920 401951 Jim Rawcliffe (London North Eastern) - 0116 366 3099

### Nature of alert:

**On 27 March 2018 at 20:19, a 27 year old female and a 34 year old male jumped off the platform into the path of a train at Doncaster station.**

The couple had struggled with a heroin addiction and said they wanted to be 'together forever' in suicide notes they had left for their families.

Due to the unusual nature of this event and the amount of national media coverage it received, there is a possibility that the anniversary could result in:

- attracting vulnerable people to the same location to take their own lives
- encouraging mourners to the site to attend vigils which may impact upon the safety and operation of the railway
- triggering memories for rail staff involved in the incident

### Recommended action:

Consideration should be given to Network Rail, staff of operators or BTP officers visiting the location of the incident around the time it took place to be on the look-out for:

- persons showing signs of distress or upset who may be at risk of suicide, or mourners gathering in an acts of remembrance
- any tokens of remembrance, which in line with industry guidance should be removed

It might also be appropriate to promote the industry's *Small Talk Saves Lives* campaign locally around this time to heighten community awareness of suicide prevention.

Managers of staff who may have been involved in the incident or could be affected by its anniversary should look for signs of trauma amongst them and offer support as per their organisation's welfare arrangements.

### Support and additional information

Should you wish to comment on the content of this alert please contact Victoria Clent at [victoria.clent@networkrail.co.uk](mailto:victoria.clent@networkrail.co.uk)



Individuals requiring emotional support can call Samaritans any time, free from any phone on **116 123**

The rail industry's award winning suicide prevention Learning Tool can be found at: [www.nspsglearningtool.co.uk](http://www.nspsglearningtool.co.uk). Watching the 30 minute briefing module might just save someone's life

To find out more about the rail industry's suicide prevention programme contact: [suicideprevention@raildeliverygroup.com](mailto:suicideprevention@raildeliverygroup.com)

### BTP Suicide Prevention

#### Hotline - If rail staff have



an immediate concern that a person might harm

themselves or be at risk on the railway they can call the BTP on **0300 123 9101**

The compiler of this alert should forward it to the NRNOC Duty Manager at: [generic-NCC@networkrail.co.uk](mailto:generic-NCC@networkrail.co.uk)